

# Integral Faith

"Homily helps and liturgy resources highlighting care for our common home."



Catholic Climate Covenant™  
Care for Creation. Care for the Poor.

## Homily Helps and Petitions for the Most Holy Body and Blood of Christ - Cycle A (June 7, 2026)

### Homily Helps

#### † Scripture Passages to Note:

**Deut 8:** Do not forget the LORD, your God, who brought you out of the land of Egypt, that place of slavery...and fed you in the desert with manna, a food unknown to your fathers.

**1 Cor 10:** The bread that we break, is it not a participation in the body of Christ? Because the loaf of bread is one, we, though many, are one body, for we all partake of the one loaf.

**John 6:** Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me.

#### † Comments for the Day:

The feast of the Body and Blood of Christ reminds us of the greatest gift of Jesus: the gift of Himself. It reminds us to recognize the True Presence – the Body and Blood, Soul and Divinity of Christ. It is the greatest treasure that we have as a church and as individual believers. The Scripture readings for today invite us to be aware of our utter dependence on God, who feeds us both physically and spiritually. Every time we receive communion, we are reminded that the bread and wine we partake of are the body and blood of Christ.

Pope Francis, in *Laudato Si'*, encourages us to see how closely we are connected to one another and to all of God's creation. How we live our lives, how we order our society, how we structure our economies – all of these have profound effects on our brothers and sisters and on all of creation. We must not fall into the trap of seeing a conflict between care for creation and care for people – what hurts creation hurts people and vice versa. But the reverse is also true – by caring more for our Earth, we will be caring for our poor and vulnerable brothers and sisters as well.

As we celebrate the solemnity of the Body and Blood of Christ this Sunday, we walk in the footsteps of the Israelites in the desert, in need of manna from heaven in order to be sustained on their journey to the promised land. We stand in the Jewish crowds as Jesus tells them that he is “the living bread that came down from heaven” and that the bread that he will give is his “flesh for the life world.” The Eucharist is not only material but also spiritual food; through it we receive God's life within us. That inner spiritual life, that Eucharistic life – united with and flowing from Christ's death, resurrection, and ascension – is the source of the grace needed to care well for the earth and for our brothers and sisters. This feast reminds us of the need to return

This resource is provided by Catholic Climate Covenant in collaboration with the Integral Faith Team,  
a group of male and female religious, priests, and lay people dedicated to serving the Church.

continually to the fountain of grace offered to us so generously in the Eucharistic life of the Church.

† **Passages from *Laudato Si'* to Note:**

We take [ecosystems] into account not only to determine how best to use them, but also because they have an intrinsic value independent of their usefulness. Each organism, as a creature of God, is good and admirable in itself; the same is true of the harmonious ensemble of organisms existing in a defined space and functioning as a system. Although we are often not aware of it, we depend on these larger systems for our own existence. (140)

‘The external deserts in the world are growing, because the internal deserts have become so vast.’ For this reason, the ecological crisis is also a summons to profound interior conversion. ... Living our vocation to be protectors of God’s handiwork is essential to a life of virtue; it is not an optional or a secondary aspect of our Christian experience. (217)

This conversion calls for a number of attitudes which together foster a spirit of generous care, full of tenderness. First, it entails gratitude and gratuitousness, a recognition that the world is God’s loving gift, and that we are called quietly to imitate his generosity in self-sacrifice and good works. ... It also entails a loving awareness that we are not disconnected from the rest of creatures, but joined in a splendid universal communion. (220)

### Related Prayers of the Faithful

**Option 1:** That in contemplating the wisdom of God, we might recognize our responsibility to all of God’s creation that is necessary to sustain life, let us pray to the Lord...

**Option 2:** That we might seek the profound inner conversion that will compel us to be generous and humble stewards of God’s creation, let us pray to the Lord...

### Further Resources

**Feedback:** [info@catholicclimatecovenant.org](mailto:info@catholicclimatecovenant.org)

**Webpage:** <https://catholicclimatecovenant.org/resources?tid=14>

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