



Mental Health and Climate Resilience, August 21st, 2025

Panelist Bios



Dr. Jyoti Mishra

Associate Professor in the Department of Psychiatry at the University of California, San Diego. She is the founder and director of [NEATLabs](#) and the Co-director of the [University of California's Climate Resilience Initiative](#).

Dr. Mishra has expertise in community-partnered research on climate change and mental health, climate disaster trauma, and building community resilience. Her research is widely featured in the media, including the *BBC*, *CNN*, *TIME* magazine, *NPR*, *Washington Post*, *World Economic Forum*, and *Scientific American*.



Sarah Newman

Sarah Newman is the founder and executive director of [Climate Mental Health Network](#), addressing the mental health consequences of climate change. The organization is the largest in this emerging sector, reaching young people, parents and educators with research-informed programs and resources. She previously worked in the media impact sector and at nonprofits as an outreach director and community organizer.