2022 EARTH DAY PROGRAM

Integral Ecology

Pursuing the Common Good for Our Common Home

FACILITATOR GUIDE
**Introduction for Facilitator**

First, a big “Thank You” for your work on responding to the cry of the Earth and the cry of the poor! Your work as an event host and facilitator for the 2022 Earth Day program is critically important.

**PROGRAM DETAILS**

This program guide contains everything you need to host an event.

In this approximately hour-long program, your community will have an opportunity to pray, learn, discuss, and take concrete actions, as individuals and as a group, on behalf of God’s creation.

The program can be used by a parish, school, youth group, university, religious community, or any other group that is interested in exploring how we as Catholics can take action to protect God’s creation.

Now that COVID-19 restrictions are loosening in most of the United States, the program is designed as in-person event. However, we also provide you with some guidance in case you wish to have a virtual event online.

**WHAT IS EARTH DAY?**

Earth Day is a secular celebration that many faith communities have incorporated into their annual calendars for awareness and action. Friday, April 22, 2022, marks the 52nd anniversary of Earth Day. This year, the secular Earth Day theme is “Investing in Our Planet” and our Catholic Climate Covenant program complements that Earth Day theme.

Catholic Climate Covenant’s 2022 Earth Day program is designed to activate the U.S. Catholic community to hear the cry of the earth and the cry of the poor.

The Covenant’s program can also be used during *Laudato Si’* week (May 22nd-29th) or anytime throughout the year and beyond that fits your community’s schedule.

**List Your Event:** You are invited to list your Earth Day events on EarthDay.org’s events site. We encourage you to do so, to let the world know that the U.S. Catholic community is taking action on climate.

*If you have questions about this program, please contact info@catholicclimatecovenant.org.*

**PLANNING FOR YOUR EVENT**

As the event facilitator, you have a few responsibilities to make sure the event runs smoothly, but feel free to share responsibilities with others in your community! This is YOUR program. If you feel that you would like to adapt it to your group’s particular needs, please do so. As a facilitator, it is your job to:

**Set a date and time**

Though designed to commemorate the 52nd anniversary of Earth Day (April 22nd,) please feel free to schedule the program at a time that is convenient for your parish, school, or religious community. The program is designed to last approximately one hour, but feel free to schedule extra time (i.e., 90-minutes) if you would like to give participants more flexibility and time for discussion.

**Find a location**

If you are planning an in-person event, you will need to find a location. Ask your pastor, parish council, or school principal whether you can use the church building as your event location. If that space is not available, you might try your local library, recreation center, or civic center. Make sure the location is accessible to all, has internet access and enough chairs for everyone.

**If you are planning an online meeting,** you will need access to a Zoom-type system. You can also send the individual program link to people in your community so that they can use it on their own at home, helping to increase our suggested actions. Perhaps you can also meet online afterwards, to discuss how your community can take a sustainability action together.
Invite people
Make sure your parish or other organization knows about the event and publicize it as far in advance and as often as you can. Ask your parish administrator or office staff to advertise it via the newsletter or bulletin. You can also send out emails, evites, Facebook messages, post other social media, make calls, etc.

Keep the event on schedule
Suggested lengths of time for each section of the program are included. Set an alarm on your phone or watch to ensure that the group’s time is respected.

Prepare materials for the group activity:
1. Make copies of the Participant Program. If in person, you will need to have sufficient printed copies of the participant program, as well as paper and pens/pencils.
2. If the program is virtual/online, make sure you send the participants a copy of the Participant Program via email prior to the event.
3. Internet service: The event includes a short video which can be watched directly on YouTube if you have internet access at the event location. The video can also be downloaded ahead of time if you will not have internet access.
4. Computer and projector: If your event is in person, you will need a computer and a projector to show the video. Generally, computer speakers alone are not loud enough, so you should bring a portable speaker to amplify the sound that accompanies the video.
5. If you decide to use the program virtually (in an online platform), you will need access to a Zoom (or other platform) account.
6. Choose four volunteers to help with the various readings.
2022 Earth Day Program

PROGRAM GUIDE  |  Let’s Get Started

A reminder that this is the Facilitator version of the program guide (with facilitator notes and script.) Your facilitator instructions are in ORANGE, and the Script (what you will read) is in italics.

Welcome and Opening Prayer (1 MINUTE)

Script: Welcome to the 2022 Earth Day Program. Today we will be commemorating the 52nd anniversary of Earth Day (April) and the 7th anniversary of Pope Francis’ encyclical Laudato Si’: On Care for Our Common Home (May.)

OPENING PRAYER (READ IN UNISON)

A Prayer for Our Earth
~Pope Francis, Laudato Si’

All-powerful God, you are present in the whole universe and in the smallest of your creatures. You embrace with your tenderness all that exists. Pour out upon us the power of your love, that we may protect life and beauty.

Fill us with peace, that we may live as brothers and sisters, harming no one. O God of the poor, help us to rescue the abandoned and forgotten of this earth, so precious in your eyes. Bring healing to our lives, that we may protect the world and not prey on it, that we may sow beauty, not pollution and destruction. Touch the hearts of those who look only for gain at the expense of the poor and the earth. Teach us to discover the worth of each thing, to be filled with awe and contemplation, to recognize that we are profoundly united with every creature as we journey towards your infinite light. We thank you for being with us each day. Encourage us, we pray, in our struggle for justice, love and peace.
Readings (10 MINUTES)

READING #1:
[The] common good is to be understood [as] “the sum total of social conditions which allow people, either as groups or as individuals, to reach their fulfillment more fully and more easily.” The common good concerns the life of all. It calls for prudence from each, and even more from those who exercise the office of authority. Catechism of the Catholic Church #1906

READING #2
Working for the common good requires us to promote the flourishing of all human life and all of God’s creation. In a special way, the common good requires solidarity with the poor who are often without the resources to face many problems, including the potential impacts of climate change. Our obligations to the one human family stretch across space and time. They tie us to the poor in our midst and across the globe, as well as to future generations. The commandment to love our neighbor invites us to consider the poor and marginalized of other nations as true brothers and sisters who share with us the one table of life intended by God for the enjoyment of all. —Global Climate Change: A Plea for Dialogue, Prudence, and the Common Good, U.S. Conference of Catholic Bishops (USCCB), 2001, #25.

READING #3
Integral ecology is a key concept in chapter four of Laudato Si’, Pope Francis’ encyclical on the environment. It flows from his understanding that “everything is closely related” and that “today’s problems call for a vision capable of taking into account every aspect of the global crisis.” … Human ecology, Pope Francis argues, cannot be separated from the notion of the common good, which he calls “a central and unifying principle of social ethics.” Quoting Gaudium et Spes, the Second Vatican Council’s Pastoral Constitution on the Church in the Modern World, he defines the common good as “the sum of those conditions of social life which allow social groups and their individual members relatively thorough and ready access to their own fulfillment.” … For Pope Francis it is obvious that “where injustices abound and growing numbers of people are deprived of basic human rights and considered expendable, the principle of the common good immediately becomes, logically and inevitably, a summons to solidarity and a preferential option for the poorest of our brothers and sisters.” Integral Ecology: Everything is Connected, Fr. Thomas Reese, S.J. NCR Aug 27, 2015

READING #4
Laudato Si’ excerpts:

.. “the climate is a common good, belonging to all and meant for all” (#23)

We are faced not with two separate crises: one environmental and the other social, but rather with one complex crisis which is both social and environmental. Strategies for a solution demand an integrated approach to combating poverty, restoring dignity to the excluded, and at the same time protecting nature” (#139).

“An integral ecology is inseparable from the notion of the common good, a central and unifying principle of social ethics. The common good is “the sum of those conditions of social life which allow social groups and their individual members relatively thorough and ready access to their own fulfilment” (#156)
Video (11 MINUTES)
You can watch directly on YouTube or download the video to your computer.

Small Group Discussion (20 MINUTES)
Small groups should be about 4-6 people. If meeting virtually, we suggest using the breakout rooms feature in Zoom (or other similar meeting platform). Each group should discuss the questions and as a group brainstorm ideas/steps that appear in Appendix A. Then everyone (individually) should fill out Appendix B.

1) Why is the concept of the common good so central to Catholic social teaching and to our understanding on how we live our faith as a community?

2) How are the concepts of integral ecology and the common good raised in the video segment about the Economy of Francesco? Can you think of examples of the common good and integral ecology in your life and in the life of your community?

3) We share a communal responsibility to build a present and future that is sustainable and just. As a group, brainstorm (use Appendix A, Primer on Sustainability), and list (on Appendix B- Sustainability Ideas Template) steps we can take, individually, in our communities (households) in our institutions (parishes, schools, campuses, facilities, etc.) and in our public policy choices to ensure a just and abundant life for all. See Appendix A for some ideas. Fill out Appendix B (Sustainability Ideas Template) with some actions that you might be interested in taking.

Suggested Actions (10 MINUTES)
(There are two suggested actions/activities. As a facilitator, please decide if your group will be taking the Advocacy action in person, or on their own. If only doing the personal commitment action during the session, encourage participants to take advocacy action on their own time. Make sure your participants have pen/paper. You may also wish to have a couple of laptops (with internet access) open to the action alert page: https://bit.ly/3i6P3eC).

Participants may access the advocacy page with the QR code using their Smartphones.

1) Action Alert on Climate Action (FACILITATOR READS ALOUD)
U.S. Senators are considering substantive climate provisions in budget legislation. Catholic Climate Covenant and our partners have launched “Encounter for Our Common Home,” a coalition-wide advocacy campaign. By signing this Action Alert, you can send a letter to your senators, inviting them to support climate solutions from a place of faith and reason.

This Action Alert is a critical part of the Encounter for Our Common Home campaign, which includes trainings and community-building efforts for encounters with U.S. Senators in May.

We invite you to sign this Alert now and join this transformational effort by scanning the QR code!

2) Personal Sustainability Commitment (FACILITATOR READS ALOUD)
Look at the sustainability actions you and your group brainstormed and listed in the Sustainability Ideas Template (Appendix B). Pick one of the sustainability actions and make a personal commitment to act upon it. On Appendix C, write in the boxes 2-4 things that you care about that relate to the cry of the Earth and the Cry of the Poor (hunger, poverty, deforestation, climate change, biodiversity, etc.) then write your one personal sustainability commitment inside the circle.
**Closing Prayer**

*(1 MIN IF NOT SHARING PERSONAL COMMITMENTS, 5-6 MINUTES IF SHARING)*

(If the event is in person: Gather the group in a circle and invite people to share (if they wish) their personal commitment that was written in Appendix C. If event is virtual you can ask for participants to share their personal commitment verbally or write them in the Chat.)

Script: *(If in person)* Please gather in a circle.

*(In person and virtual)* Thank you for being part of this important Earth Day 2022 program. I would like to thank everyone for coming and being such wonderful participants in this Earth Day program.

Before we pray, we ask God to guide our actions as we work to respond to the cry of the Earth and the cry of the poor. I invite you, if you wish, to share your personal commitment with the group.

*(Group shares personal commitments)*

We will now close with a short prayer. Please join me in prayer.

God of all,
   Creator and ruler of the universe,
   You entrusted your world to us as a gift.
   Help us to care for it and all people,
   that we may live in right relationship—
   with You,
   with ourselves,
   with one another,
   and with creation.

Christ our Lord,
   both divine and human,
   You lived among us and died for our sins.
   Help us to imitate your love for the human family
   by recognizing that we are all connected—
   to our brothers and sisters around the world,
   to those in poverty impacted by environmental devastation,
   and to future generations.

Holy Spirit,
   giver of wisdom and love,
   You breathe life in us and guide us.
   Help us to live according to your vision,
   stirring to action the hearts of all—
   individuals and families,
   communities of faith,
   and civil and political leaders.

Triune God, help us to hear the cry of those in poverty, and the cry of the earth,
so that we may together care for our common home.

   Amen.

~U.S. Conference of Catholic Bishops
## Appendix A
### PRIMER ON SUSTAINABILITY

<table>
<thead>
<tr>
<th>FOOD</th>
<th>WATER</th>
<th>ENERGY</th>
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</table>
| ♦ Eat lower down on the food chain  
♦ Eat local food  
♦ Eat seasonal food  
♦ Join a community garden  
♦ Educate yourself on fishing/overfishing practices | ♦ Turn off water when brushing teeth and doing dishes  
♦ No bottled water  
♦ Read labels and get less toxic cleaning products | ♦ Use LED bulbs  
♦ Check calibration of your thermostat  
♦ Power down/unplug electronic devices (use sleep mode)  
♦ Use timer/motion control lighting  
♦ Turn off lights |
| **Personal** | ♦ Limit watering  
♦ Greenscape – choose native and drought resistant plants, leave leaves where they fall  
♦ Dual-flush toilets  
♦ No fertilizer  
♦ Green household products  
♦ Low-flow showerheads  
♦ Fix leaks  
♦ Become a non-toxic home  
♦ Join Community Supported Agriculture (CSA) | ♦ Household energy audit  
♦ Energy efficient appliances  
♦ Get programmable thermostats  
♦ Consider solar panel installation  
♦ Switch from oil to natural gas as a bridging step | **Community/Homehold** |
| ♦ Consider joining a CSA: Community Supported Agriculture  
♦ Look into bio-intensive gardening methods  
♦ Increase the number of meatless meals you share | ♦ Reduce your water use  
♦ Harvest rainwater and use for non-potable purposes; purify for potable uses  
♦ Improve cooling systems  
♦ Separate out gray water for flushing toilets and yard water  
♦ Treat your own waste water (Biosystems)  
♦ Use root irrigation systems | ♦ Build on brown fields using green building design  
♦ Low impact development  
♦ Solar panels (generate more energy than used)  
♦ Take advantage of natural ventilation for cooling  
♦ Save money and energy by generating power from harvesting heat, a waste by-product (e.g., refrigerator) | **Institutions** |
| ♦ Engage students in equitable, sustainable gardening  
♦ Minimize pavements and plant fruit trees around campus  
♦ Designate vegetable garden space  
♦ Consider rooftop gardening | ♦ Use Biosystems to treat waste water and storm water  
♦ Provide incentive for improved/green manufacturing processes  
♦ Subsidize low-impact development (rain gardens, porous pavements, etc.)  
♦ Subsidize root irrigation | ♦ Support sustainable, responsible impact investing  
♦ Advocate for subsidies to convert to combined heat and power cooling/heating systems  
♦ Invest in solar thermal panels in desert areas  
♦ Advocate for tax incentives for renewable energy technology  
♦ As a bridging technology, advocate for the production of ethanol away from corn and to woody plants and switchgrass | **Policy** |

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Credit: [https://ipjc.org/publications/a-primer-on-sustainability](https://ipjc.org/publications/a-primer-on-sustainability)
# Appendix A
## PRIMER ON SUSTAINABILITY

<table>
<thead>
<tr>
<th>WASTE</th>
<th>EQUITY</th>
<th>TRANSPORTATION</th>
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</thead>
<tbody>
<tr>
<td>♦ Use small kitchen compost bin</td>
<td>♦ Buy Fairtrade</td>
<td>♦ Walk</td>
</tr>
<tr>
<td>♦ Volunteer simplicity (reduce)</td>
<td>♦ Practice voluntary simplicity</td>
<td>♦ Carpool/vanpool</td>
</tr>
<tr>
<td>♦ Recycle and reuse</td>
<td>♦ Recycle and reuse products</td>
<td>♦ Use alternative transportation</td>
</tr>
<tr>
<td>♦ Reusable bags</td>
<td>♦ Read and act on the intersection of issues on poverty and climate change</td>
<td>♦ Use farmer markets and local food</td>
</tr>
<tr>
<td>♦ Eat lower on the food chain</td>
<td></td>
<td>♦ Maintain your vehicle</td>
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<tr>
<td>♦ Buy blemished/bruised fruit</td>
<td></td>
<td>♦ Avoid night flights &amp; minimize winter flights</td>
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</tbody>
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<tbody>
<tr>
<td>♦ Compost</td>
<td>♦ Educate yourself on the Index of Sustainable Economic Welfare (ISEW) and Genuine Progress Indicator (GPI) as substitutes for Gross Domestic Product (GDP) measure of our economy</td>
<td>♦ Combine trips</td>
</tr>
<tr>
<td>♦ Purchase in bulk or less packaged products</td>
<td>♦ Pay a liveable wage for house maintenance and projects</td>
<td>♦ Use trips</td>
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<tr>
<td>♦ Cut the use of paper products-napkins</td>
<td>♦ Use fuel efficient vehicles</td>
<td>♦ Increase parking fees</td>
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<tr>
<td>♦ Eliminate mercury in home (in lamps, thermostats, wash machines, light switches)</td>
<td>♦ Telecommute for meetings</td>
<td>♦ Rebates for not using parking spots</td>
</tr>
<tr>
<td>♦ Buy non-mercury alternatives and dispose properly</td>
<td>♦ Decrease parking spaces and increase parking fees</td>
<td>♦ Make emergency rides home readily available</td>
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<tr>
<td>♦ Plant trees</td>
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<tr>
<td>♦ Plant/vegetable swales</td>
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<tr>
<th>PERSONAL</th>
<th>COMMUNITY/HOUSEHOLD</th>
<th>INSTITUTIONS</th>
<th>POLICY</th>
</tr>
</thead>
<tbody>
<tr>
<td>♦ Use methane from landfills for power plants</td>
<td>♦ Advocate for smart mixed use and equitable housing</td>
<td>♦ Advocate for lightrail and street car systems; subsidize green cars</td>
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</tr>
<tr>
<td>♦ Plant switchgrass and poplar trees on banks downstream from waste</td>
<td>♦ Use shareholder advocacy to vote proxies on ecological sustainability and economic equity</td>
<td>♦ Advocate for smart growth development with walkable, transit-oriented, mixed-use urban planning</td>
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<tr>
<td>♦ Convert brownfields to mixed-use neighborhoods</td>
<td>♦ Institute a cap and trade system</td>
<td>♦ Incentivize local and urban food growing</td>
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<tr>
<td></td>
<td>♦ Advocate for pricing to reflect the true cost of products</td>
<td>♦ Incentivize car sharing</td>
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<td></td>
<td>♦ Tax pollution, ground water consumption and carbon dioxide emissions</td>
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Credit: https://ipjc.org/publications/a-primer-on-sustainability
Appendix B
SUSTAINABILITY IDEAS TEMPLATE

Use info from Appendix A and your group discussion to write possible things you, your family, your community could do to “hear the cry of the Earth and the cry of the poor”

<table>
<thead>
<tr>
<th>Personal</th>
<th>Community/Household</th>
<th>Institutions</th>
<th>Policy</th>
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<tbody>
<tr>
<td>FOOD</td>
<td>WATER</td>
<td>ENERGY</td>
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### Appendix B

**SUSTAINABILITY IDEAS TEMPLATE**

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Appendix C
PERSONAL SUSTAINABILITY COMMITMENT

In the boxes, please write 2-4 things that you care about that relate to our common home and/or our brothers and sisters on Earth. They could be general, such as poverty, deforestation, hunger, environmental injustice, etc. Then write a personal sustainability commitment in the circle. Use the info from your group brainstorming (ideas in Appendix B) to help you with the commitment. You can share (if you wish) the commitment prior to the Closing Prayer. Take this paper home and have it serve as a reminder of your commitment.