St. Francis/Laudato Si’ Climate Action Pledges

Need a little more inspiration to get started on your St. Francis/Laudato Si’ Pledge? Here are some articles and websites with climate actions and creation care tips to help on your Laudato Si’ journey for our common home.

Want to report your pledge so that we can tally Catholic climate action? Please fill-out this form with your pledge.

- Calculate my carbon footprint and find ways to reduce it by at least 10% in the next year
- Be a part of a Catholic Youth and Young Adult climate action program
- Stop using disposable plastic bottles, bags, straws, cutlery and cups! Say NO to single-use plastic.
  See: Reducing Plastic Waste and Moving Beyond a Throwaway Culture
  How Can Parishes Reduce Plastic Waste?, NCR EarthBeat
  NCR Podcast: Reducing Plastic Waste
  Plastic and the State of Our Souls, Sojourners
- Walk, cycle, carpool, or use public transport
- Plant pollinator-friendly flowers and spread wildflower seeds.
  See: St. Kateri Habitat Program
  Minnesota Will Pay Homeowners to Replace Lawns with Bee-Friendly Wildflowers, Clover and Native Grasses
- Switch to renewable energy
  See: Catholic Energies
  What Are Some Ways Parishes Can Acquire Solar Panels?, NCR
  Laudato Si’ urges us to transition to renewable energy
- Go meatless on Monday and/or Fridays (at least)
  See: How Our Food Choices Can Save the World
  Mercy Meatless Mondays
- Reuse, recycle, reduce my consumption of resources
• **Use less water**
  See: [Running Out of Drinking Water video](#)

• **Speak to my elected officials about climate change**

• **Fly less and offset travel when possible**

• **Plant at least two trees this year**
  See: [2019 Feast of St. Francis Program](#) and [Grow Clean Air Tree Planting Service and Prayer](#) from Catholic Health Association

• **Wash clothes in cold water and hang-dry clothes**

• **Install a programmable thermostat**

• **Replace appliances** with Energy Star rated ones

• **Replace incandescent and compact fluorescent lights with LED lights**

• **Reduce my food waste**
  See: Ignatian Solidarity Network’s [Lent Mini Food Waste Challenge](#) and [Mercy Earth Challenge, Just Food (Week 4)](#)

• **Compost leaves and food waste**

• **Start conversations about climate change with family and friends**
  See: [Communicating Climate Change to People of Faith](#), Catholic Climate Covenant webinar
  • **The Most Important Thing You Can Do to Fight Climate Change: Talk About It**
  • **A Better Way to Talk About Climate Change**
  • **How to Talk to Kids About Climate Change**
  • **Courageous Conversations about Climate Change**

• **Start/join a Creation Care Team in my parish or school**

• **Call upon political candidates to take climate change seriously**
  See: [Forming Consciences for Faithful Citizenship from the U.S. Conference of Catholic Bishops](#)

• **Pray for our common home** and all Earth protectors

• **Participate in national, international, local, church, community, family or individual events that lift up care for creation.**