



# ADVENT 2022 LIVING LAUDATO SI'

Join Laudato Si' efforts to care for our common home during Advent. Each day addresses one of the seven goals of the Laudato Si' Action Platform, denoted by the color above the action. Visit [archchicago.org/creation](http://archchicago.org/creation) for more.

**Respond to the Cry of the Earth**



**Respond to the Cry of the Poor**



**Foster Ecological Economics**



**Adopt a Sustainable Lifestyle**



**Promote Ecological Education**



**Practice Ecological Spirituality**



**Community Empowerment**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>NOV. 27</b></p> <p>Reduce your paper usage this Advent and Christmas. Wrap gifts creatively using materials you have at home. Send an e-card or better still, call!</p>	<p><b>NOV. 28</b></p> <p>Donate food and/or time to help those in need, the elderly or immigrants. Pray about your access to healthy food; be thankful and generous.</p>	<p><b>NOV. 29</b></p> <p>Shop locally and support businesses in the community. Tell owners how much you appreciate their efforts and encourage others to do likewise.</p>	<p><b>NOV. 30</b></p> <p>Instead of a new outfit for Christmas, upcycle what you have in a new way. Think about how/who makes your clothes. Ask yourself, do I really need something new?</p>	<p><b>DEC. 1</b></p> <p>Read or re-read Pope Francis' Encyclical, Laudato Si'. Download or purchase a copy of the encyclical. Discuss a chapter with someone you love.</p>	<p><b>DEC. 2</b></p> <p>Celebrate the Eucharist often during Advent to prepare your hearts for Jesus, God's gift to humanity. Ask someone who has been away during COVID to join you.</p>	<p><b>DEC. 3</b></p> <p>Give time to a local group to clean and preserve public land. Involve young people in the activity and explain the idea of common good.</p>
<p><b>DEC. 4</b></p> <p>Read about the impact of climate change on the most vulnerable. What environmental issue is affecting your community?</p>	<p><b>DEC. 5</b></p> <p>Initiate "Meatless Mondays" at home. At the table, discuss the reduction of harmful gases, and how this can help protect our air.</p>	<p><b>DEC. 6</b></p> <p>Adjust your thermostat downward and put on another layer. Pray for those facing the winter without sufficient heat or no power at all.</p>	<p><b>DEC. 7</b></p> <p>Help institutions commit to divesting from fossil fuels. Read about fuel exit strategies and just transitions to renewables.</p>	<p><b>DEC. 8</b></p> <p>Today is the feast of the Immaculate Conception. Say the Rosary today with intentions for all of life. Pray to Mary for her unconditional "YES."</p>	<p><b>DEC. 9</b></p> <p>Participate as a conscientious citizen. Take a greater interest in local policies related to environmental justice.</p>	<p><b>DEC. 10</b></p> <p>Explore this site to learn more about Laudato Si' around the Archdiocese of Chicago at <a href="http://archchicago.org/creation">archchicago.org/creation</a>.</p>
<p><b>DEC. 11</b></p> <p>Advocate for a "circular economy." Ask manufacturers to consider the "end-life" of products to reduce landfills.</p>	<p><b>DEC. 12</b></p> <p>Pray for those affected by biodiversity loss. Not just the species, but those dependent on them for maintaining a healthy balance.</p>	<p><b>DEC. 13</b></p> <p>Consider if you would treat Jesus the same way you treat the earth and its most vulnerable. Pray about how you better care for your relationship with Jesus and creation.</p>	<p><b>DEC. 14</b></p> <p>Write letters to Congress, stating your position on the issues that address care for creation. Consider how your silence contributes to the status quo.</p>	<p><b>DEC. 15</b></p> <p>Know the rules for your waste hauler. Make sure everyone in your household understand what is recyclable. Be diligent!</p>	<p><b>DEC. 16</b></p> <p>Practice sustainable fashion. Let your creative spirits be free and end your enslavement to trends on social media.</p>	<p><b>DEC. 17</b></p> <p>Learn about Catholic involvement at the recent COP27, the U.N. Climate Change Conference. Pray for those charged with advocating for the common good.</p>
<p><b>DEC. 18</b></p> <p>Consider alternatives to fuel-intensive business trips or vacations. Use modes of transportation with lower emissions.</p>	<p><b>DEC. 19</b></p> <p>Turn climate anxiety into climate action. Talk about climate change and solution-based actions. Join a creation care group.</p>	<p><b>DEC. 20</b></p> <p>Walk whenever you can. Use stairs instead of elevators. Park centrally and walk to stops as you run errands. Take a bike to go a distance.</p>	<p><b>DEC. 21</b></p> <p>Plan to host a viewing of The Letter, a documentary film about Laudato Si'. Visit the archdiocese website for more information.</p>	<p><b>DEC. 22</b></p> <p>Think about the journeys of the Holy Family to Bethlehem and later to Egypt. Take a walk and ponder all the reasons compelling people to leave their homes.</p>	<p><b>DEC. 23</b></p> <p>Create a 24 month running total for utility expenses. Track incremental improvements as you turn off lights, lower the temp, etc.</p>	<p><b>DEC. 24</b></p> <p>Consider making a year-end donation to groups that deliver on their mission to the poor. Take a look at all the various Catholic institutions committed to helping the vulnerable.</p>