

## 2020 Climate Action Pledges

Need a little more information to get you started in your 2020 Climate Action pledge? Here are links to some articles and websites.

(Want to report your pledge so that we can add to the national tally of Catholic Climate Action? Please [fill-out this form](#) with your pledge)

- [Calculate my carbon footprint](#) and [commit to reduce](#) it by at least 10% in 2020
- Refuse disposable plastic bottles, bags, straws, cutlery and cups! Say NO to single-use plastic.  
See: [Earth Day 2018 Program](#)  
[How Can Parishes Reduce Plastic Waste?](#), NCR EarthBeat  
[NCR Podcast: Reducing Plastic Waste](#)  
[Plastic and the State of Our Souls](#), Sojourners
- [Walk, cycle, carpool, or use public transport](#)
- Plant pollinator-friendly flowers and spread wildflower seeds.  
See: [St. Kateri Habitat Program](#)  
[Minnesota Will Pay Homeowners to Replace Lawns with Bee-Friendly Wildflowers, Clover and Native Grasses](#)
- Switch to renewable energy  
See: [Catholic Energies](#)  
[What Are Some Ways Parishes Can Acquire Solar Panels?](#), NCR
- Go meatless on Monday and/or Fridays (at least)  
See: [How Our Food Choices Can Save the World](#)
- [Reuse, recycle, reduce](#) my consumption of resources
- [Use less water](#)  
See: [Running Out of Drinking Water video](#)
- [Speak to my elected officials about climate change](#)
- [Fly less and offset travel when possible](#)
- Plant at least two trees in 2020  
See: [2019 Feast of St. Francis Program](#)  
[Grow Clean Air](#)

- [Wash clothes in cold water and hang-dry clothes](#)
- [Install a programmable thermostat](#)
- [Replace appliances](#) with Energy Star rated ones
- [Replace incandescent and compact fluorescent lights with LED lights](#)
- [Reduce my food waste](#)  
See: Ignatian Solidarity Network's [Lent Mini Food Waste Challenge](#)
- [Compost leaves and food waste](#)
  - Start conversations about climate change with family and friends  
See: [Communicating Climate Change to People of Faith](#), Catholic Climate Covenant webinar  
[The Most Important Thing You Can Do to Fight Climate Change: Talk About It](#)  
[A Better Way to Talk About Climate Change](#)  
[How to Talk About Climate Change in Your Church](#)  
[How to Talk to Kids About Climate Change](#)
- [Support youth led climate movements](#)
- [Start/join a Creation Care Team in my parish or school](#)
- Call upon political candidates to take climate change seriously  
See: [Forming Consciences for Faithful Citizenship from the U.S. Conference of Catholic Bishops.](#)
- [Pray for our common home](#) and all Earth protectors
- Participate in public witness events that lift up care for creation.  
See [Earth Day events map](#)